

This information may help you and your asthma specialist e-evaluate if your asthma is e-asthma (eosinophilic asthma).

1

Answer

Answer the questions below as best you can.

2

Keep

Print and use this sheet or take a photo of it for your next doctor's appointment.

3

Discuss

Use it to help guide your **e-asthma** conversation with your doctor.

Answer these e-asthma questions as best you can.

In the past **2-4** weeks, have you:



Used a rescue inhaler to control your asthma symptoms more than 2 days per week?

Y N



Woken up in the middle of the night because of your asthma symptoms once or more per week?

Y N

In the past **12** months, have you:



Taken oral steroids like prednisone for your asthma two or more times?

Y N



Experienced an asthma attack that required emergency medical care?

Y N

If you answered yes to any of these questions, ask your doctor if your asthma could really be e-asthma.

Important e-asthma questions for your asthma specialist

1. Are eosinophils involved with my asthma symptoms?
2. Have my blood tests ever shown a high number of eosinophils?
3. If I haven't been tested, how can I get a simple blood test now?
4. Are there treatments for **e-asthma**?
5. What other information do I need to know about **e-asthma**?
6. Should I see an asthma specialist, like an allergist or pulmonologist? *(If you're talking to your primary care physician.)*

Make sure to take this to your next appointment.